



## TERMS AND CONDITIONS OF PARTICIPATION

Vith INTERNATIONAL WARMIŃSKO-MAZURSKI VOCAL MASTERCLASS WITH ELEMENTS OF ANATOMY, PHYSIOLOGY AND VOICE HYGIENE, WITH PRACTICAL APPLICATION IN A PERFORMANCE CONTEXT.

The Course is organized by: **Department of Otolaryngology Head and Neck Diseases UWM, Faculty of Arts UWM-Institute of Music UWM** in cooperation with the **Foundation for Development of Vocalism and Professional Voice Prevention „Voice&Med Arts”** and **Center for Artistic Initiatives UWM**.

The Course is under the Honorary Patronage of:

- Marshal of the Warmian-Masurian Voivodeship,
- Voivode of the Warmian-Masurian Voivodeship,
- Mayor of the City of Lidzbark Warmiński,
- Rector of the University of Warmia and Mazury,
- Dean of the Faculty of Arts and the Faculty of Medicine of the University of Warmia and Mazury in Olsztyn,
- Polish Association of Singing Educators,
- Mix Vocalists Association,
- Warmian-Masurian Medical Chamber.

The aim of the Course is to improve skills and deepen vocal technique and knowledge of anatomy, physiology, and voice hygiene. The Course is dedicated particularly to singers struggling with various health problems that translate into functional voice disorders and professional singers who for various reasons have „lost” proper vocal technique. The charming location in Warmia will allow distancing from everyday problems and focus on the set goal in the beautiful and historically rich areas of Lidzbark Warmiński.

## GENERAL INFORMATION

The course will take place from September 08-12, 2025, in Lidzbark Warmiński. Classes will be held at the Orangery of Culture / Municipal Pedagogical Library, Lidzbark Cultural Center, Krasicki Castle and the Pilgrim House.

The Course is open to students of last year of studies and graduates of high school vocal classes, students and graduates of music universities, professional singers and singing teachers.

**Active participants** are guaranteed at least 5 lessons, selected quantitatively and individually according to participant needs:

- lessons with Maestra **Agnieszka Rehlis**
- lessons with **prof. dr. Zdzisław Madej**
- lesson with **dr hab. Hanna Zajączkiewicz, prof. UWM**, including breathing technique and participant's health problems.

The organizers reserve the right to individualize the course participants according to their technical sophistication, voice type and vocal skills. The above criteria will be the basis for possible individualization of the participant's course of work in the performance context.

The participants will work with accompanists **Katarzyna Neugebauer** and **Łukasz Dębski**.

The Course includes panel discussions for participants on anatomy, physiology and voice hygiene. In addition, there will be workshops conducted by specialists:

- **Monika Kozłowska** – psychologist, Mindfulness teacher and TRE method therapist (Tension & Trauma Releasing Exercises). TRE is a body work method developed by Dr. David Berzeli that involves activating natural neurogenic tremors to release deeply rooted tension and stress – both physical and emotional.
- **Grzegorz Lemiesz** – physiotherapist who specializes in a holistic approach to health, evaluating the entire body as an integral whole, as well as broadly defined musculoskeletal dysfunction in the context of the voice.

Sheet music in PDF format (**maximum of four arias and one opera part**) should be sent to [kontakt@voicemedarts.com](mailto:kontakt@voicemedarts.com) **after the candidate qualifies, no later than September 4, 2025.**

A *Concert of opera arias and songs* is planned during the Course at the Orangery of Culture on **September 11, 2025, at 6:00 PM.**

The organizers reserve the right to record the concerts and publish photos and recordings of the concert and the Course.

## APPLICATION

An application for the Course is understood as sending a clearly scanned or photographed, correctly filled-in Application Form with attachments to [kontakt@voicemedarts.com](mailto:kontakt@voicemedarts.com) by **September 1, 2025**.

A correctly filled-in Application Form should include: the candidate's personal and contact details, a list of pieces the participant would like to work on, and personally signed declarations.

Required attachments to the application are: a link to one recording of an opera/oratorio aria performed by the candidate in audio or video format, a short resume, and a recent photo.

Eligibility for the Course is decided by the pedagogues in charge after listening to the submitted recordings, considering the order of submission.

Candidates, on qualification for the Course, will be notified individually, **no later than September 2, 2025. The decision on qualification for the Course is final.**

## FEES

The fee for active participation in the Course is **1500 PLN**.

The fee for **active participation** in the Course includes:

- 5 individual singing lessons with pedagogues and a pianist,
- detailed, methodical discussion of participant's vocal problems,
- lectures and talks on psychology, voice methodology and voice hygiene,
- group and individual sessions (for interested participants) with psychologist,
- individual sessions with physiotherapist,
- concert participation,
- course completion certificate,
- lunches during the Course.

**Accommodation and other meals are arranged by participants themselves.**  
Help with finding accommodation is available.

The fee for **passive participation** in the Course is **250 PLN** (or 50 PLN for 1 day).

**The organizers are not responsible for lost personal items, money or documents.**

**Course fees should be paid to the bank account:**

***Fundacja Voice&Med Arts***

*Bank account: PKO BP no. **04 1020 3541 0000 5502 0392 1574***

*in the transfer title: "Participant's Name and Surname – VI International Warmia and Mazury Vocal Masterclass".*

The payment must be made by the final deadline of **September 4, 2025, after receiving the decision on qualification for the Course.**

Failure to pay by the deadline results in removal from participant list or moving candidate to last place on reserve list.

## **ADDITIONAL INFORMATION**

The organizers reserve the right to cancel the Course for important reasons beyond their control. In such cases, participants will receive refund of paid fees.

Participants are obliged to comply with these Regulations and current Sanitary Inspection recommendations and government restrictions regarding safe presence in public places.

I declare my participation in the VI International Warmia and Mazury Vocal Masterclass as a participant:

☐ **Active - 1500 PLN**

☐ **Passive - 50 PLN for 1 day** number of days ..... (1-5)

Name ..... PESEL .....

School name .....

Voice type: ..... Year of study ..... Name of educator .....

Mailing address .....

Phone ..... E-mail .....

PIECES:

1. ....

2. ....

3. ....

4. ....

The application should be accompanied by:

1. a link to a publicly available audio or video recording of an opera/oratorio aria performed by the candidate;
2. a brief resume; 3. a recent photograph.

## STATEMENTS

*I certify that I have read and agree to abide by the Rules and Regulations of the Course and: 1. I agree to take photos with my image as a participant during the Course, their recording, multiple use, processing and duplication, through any medium for promotional and archival purposes of the Organizer without the necessity of their approval each time, 2. I grant the Organizer of the Course, free of charge, the right to use audiovisual recordings with my image as a participant taken during the Course in the following fields of exploitation: a) in terms of recording and reproduction - to record by digital technique sound and image, production and release on CD and / or DVD or other media, exclusively for non-commercial purposes, b) in terms of trading copies on which the image was recorded - marketing, lending or renting the original or copies, c) in terms of dissemination of the performance in a manner other than specified in letter d) - to broadcast, rebroadcast and playback, as well as to make the image publicly available on selected websites. 3. I am insured against accidents. 4. I agree to the processing of my personal data by the Organizers of the Course in accordance with the Act of August 29, 1997 on the Protection of Personal Data (Journal of Laws of 2016, item 922) necessary for participation in the Course the above personal data will be processed for purposes related to the organization of the Course and will not be made available to entities other than the Organizers, I have the right to access the contents of the above personal data and correct them, providing the data is voluntary, although the refusal to provide it is equivalent to the inability to apply for participation in the Course.*

.....  
Place, date, legible signature.

COURSE DIRECTOR: dr hab. HANNA ZAJĄCZKIEWICZ prof. UWM  
ARTISTIC DIRECTOR OF THE COURSE: prof. dr hab. ZDZISŁAW MADEJ

CONTACT: [kontakt@voicemedarts.com](mailto:kontakt@voicemedarts.com) OR [Facebook, Messenger: m.me/hanna.zajaczekiewicz](https://www.facebook.com/m.me/hanna.zajaczekiewicz)